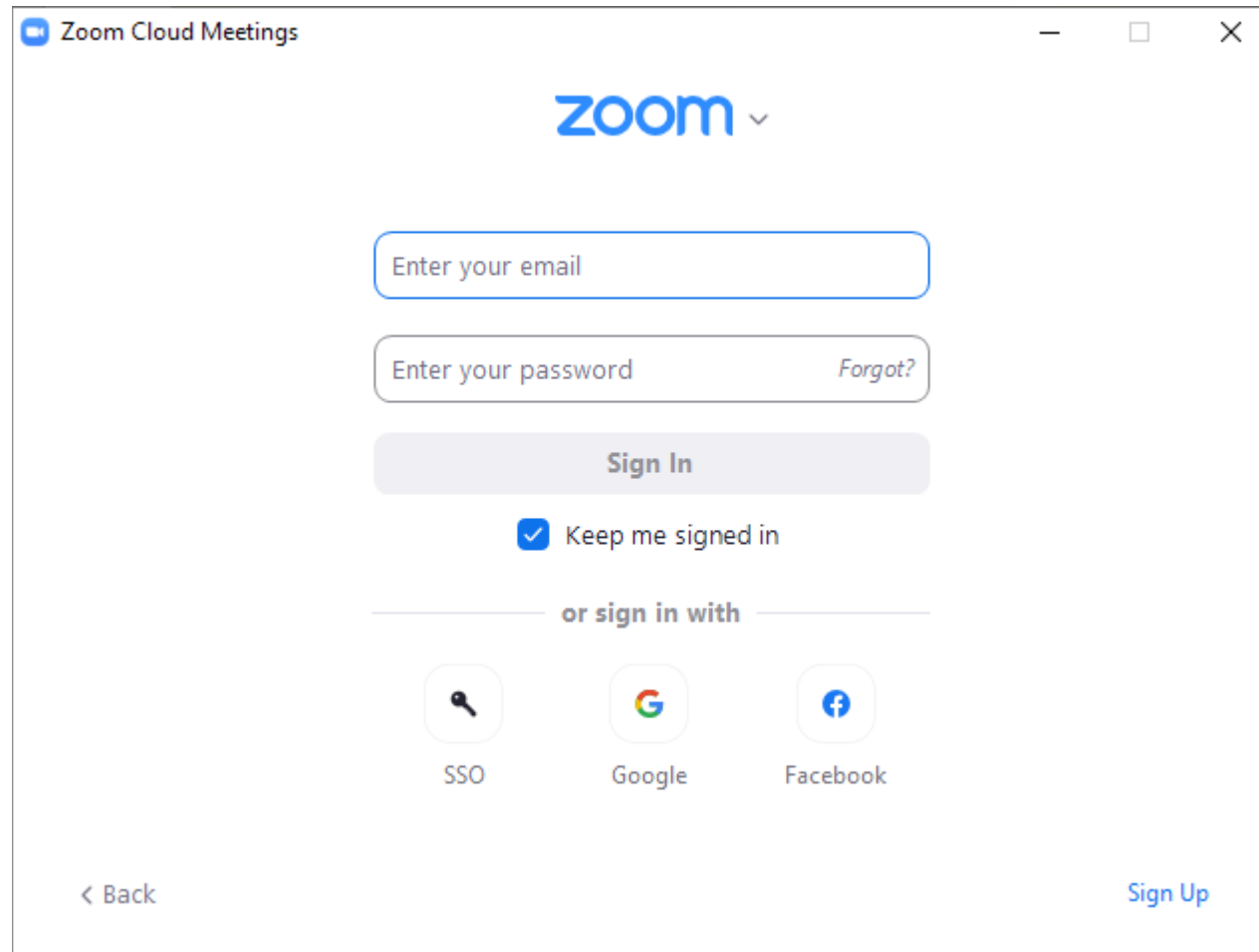


# Innovation Learning Collaborative 4

**Pediatric Eating And Swallowing  
Provincial Project**





The image shows a screenshot of the Zoom Cloud Meetings login interface. At the top left, the window title is "Zoom Cloud Meetings". The Zoom logo is centered at the top. Below the logo, there are two input fields: "Enter your email" and "Enter your password". To the right of the password field is a link that says "Forgot?". Below these fields is a "Sign In" button. Underneath the button is a checkbox labeled "Keep me signed in" which is checked. Below this is a horizontal line with the text "or sign in with". Underneath this line are three icons for "SSO", "Google", and "Facebook". At the bottom left, there is a "< Back" link, and at the bottom right, there is a "Sign Up" link.

**Login to Zoom**  
so you are  
automatically assigned  
a break-out room

# Welcome

## Introductions & Objectives

- Celebrate provincial success
- Gather provincial input and create local sustainability plans



Director, Pediatrics Rehabilitation,  
Glenrose Rehab Hospital

**Curtis Perrott**



Executive Director, Ambulatory  
Care Site Director , ACH

**Natasha Tiemstra**

**We begin by acknowledging that our work is conducted on the territories of Treaty Six, Seven, and Eight and the homeland of the Metis.**

**We also acknowledge the many indigenous communities that have been forged in urban centres across Alberta.**

**We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with indigenous communities in a spirit of reconciliation and collaboration.**

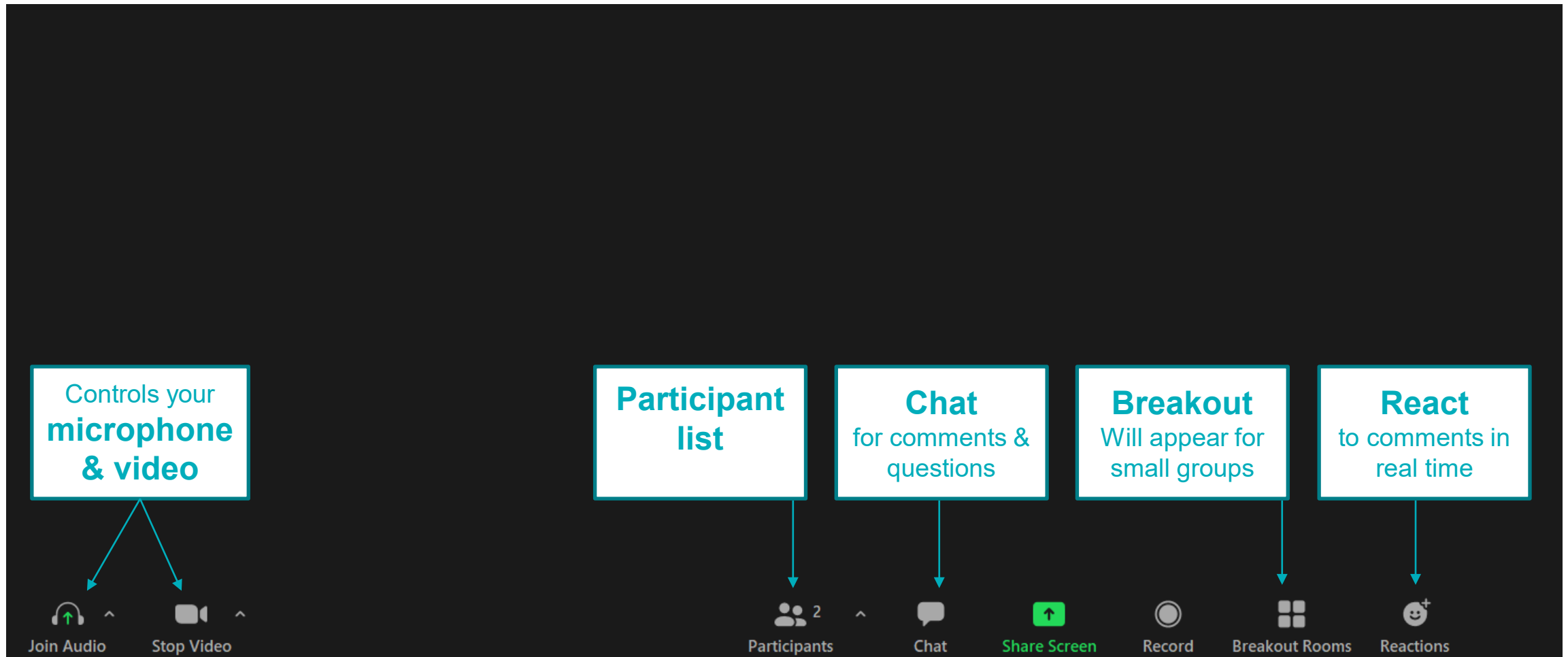




*Peas of Mind*

# PEAS Innovation Learning Collaborative 4

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# ILC 4 Session Agenda

- 12:30 pm Welcome & Introductions
- 12:40 pm Family Story
- 12:55 pm Celebration of Provincial Progress
- 1:15 pm Introduction to Sustainability
- 1:30 pm PEAS Provincial Sustainability Plans
- 1:45 pm World Café Small Groups: Brainstorming provincial sustainability plans
- 2:20 pm Break
- 2:30 pm World Café themes: Summary & Discussion
- 2:50 pm Small Groups: Sustainability Planning at a site/team level
- 3:30 pm Report Out
- 3:55 pm Wrap-Up & Next Steps
- 4:00 pm Adjournment

# Updates

- ✓ PEAS Family Peer Mentorship
- ✓ Family Care Mapping video & resources
- ✓ Helping Your Child Learn to Bite and Chew Handout
- ✓ Learning to Drink from a Cup Handout
- ✓ Tube Feeding Care Plan - fillable





# Updates

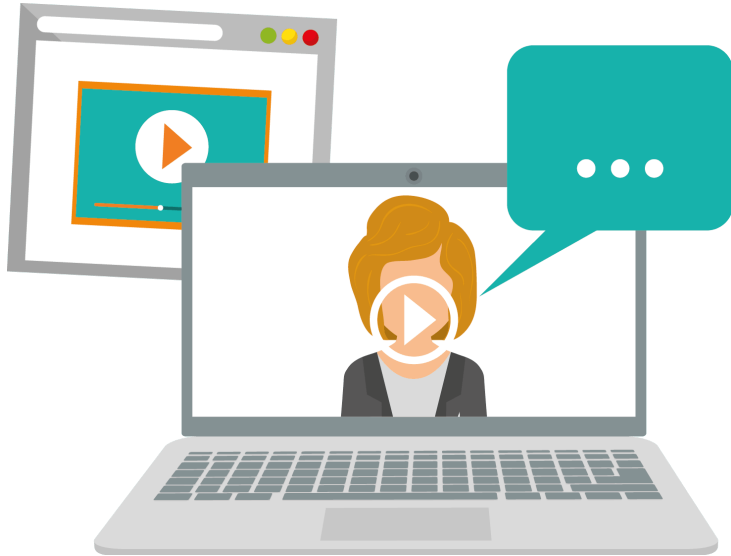
## Autism & Feeding Webinar

*Joint presentation between the Glenrose Rehabilitation Hospital (AB), and Holland-Bloorview Kids Rehabilitation Hospital (ON)*

- Part 1: Assessment | Oct 26, 1 hour + 30 min percolator
- Part 2: Treatment | Nov 2, 1 hour + 30 min percolator

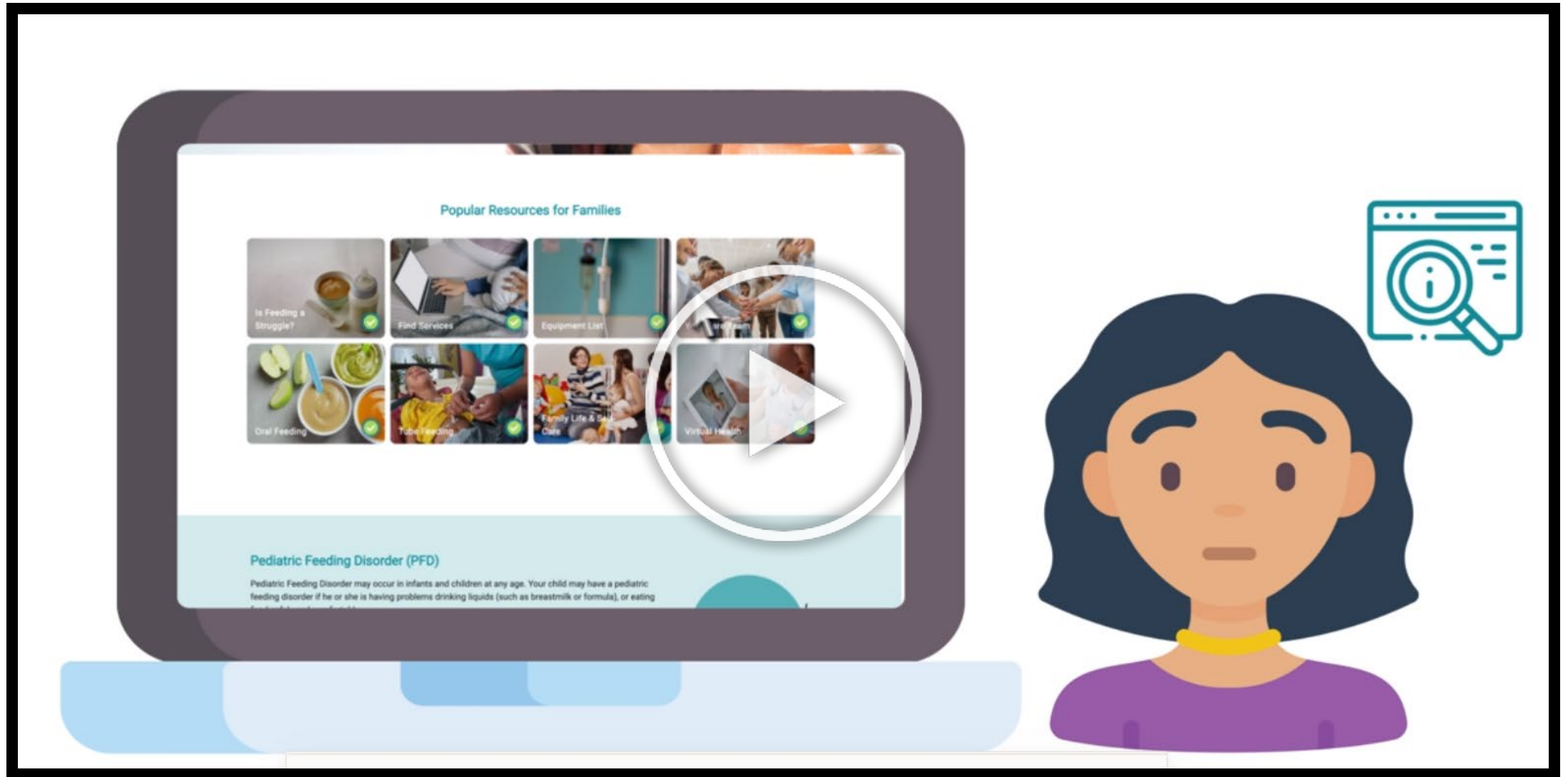
More info to come!

## Updates – Working on:



- ❑ **Tips for Success: Getting Through Mealtime Struggles**  
5-part video series for families – fall 2022  
(provincial Goodbye Mealtime Struggles)
- ❑ **Home Blended Feeding**  
6-part video series for families – early 2023

# PEAS Innovation Learning Collaborative 4



The image shows a laptop screen displaying a website interface. The website has a header titled "Popular Resources for Families" and a grid of seven resource cards. The cards are: "Is Feeding a Struggle?", "Find Services", "Equipment List", "Oral Feeding", "Tubing Feeding", "Family Life & Daily Care", and "Virtual Health". A large white play button icon is overlaid on the "Virtual Health" card. Below the grid, there is a section titled "Pediatric Feeding Disorder (PFD)" with a brief description: "Pediatric Feeding Disorder may occur in infants and children at any age. Your child may have a pediatric feeding disorder if he or she is having problems drinking liquids (such as breastmilk or formula), or eating..." To the right of the laptop is a stylized illustration of a woman with dark, wavy hair, wearing a purple top and a yellow necklace. Above her head is a teal icon of a magnifying glass over a document with an information symbol.

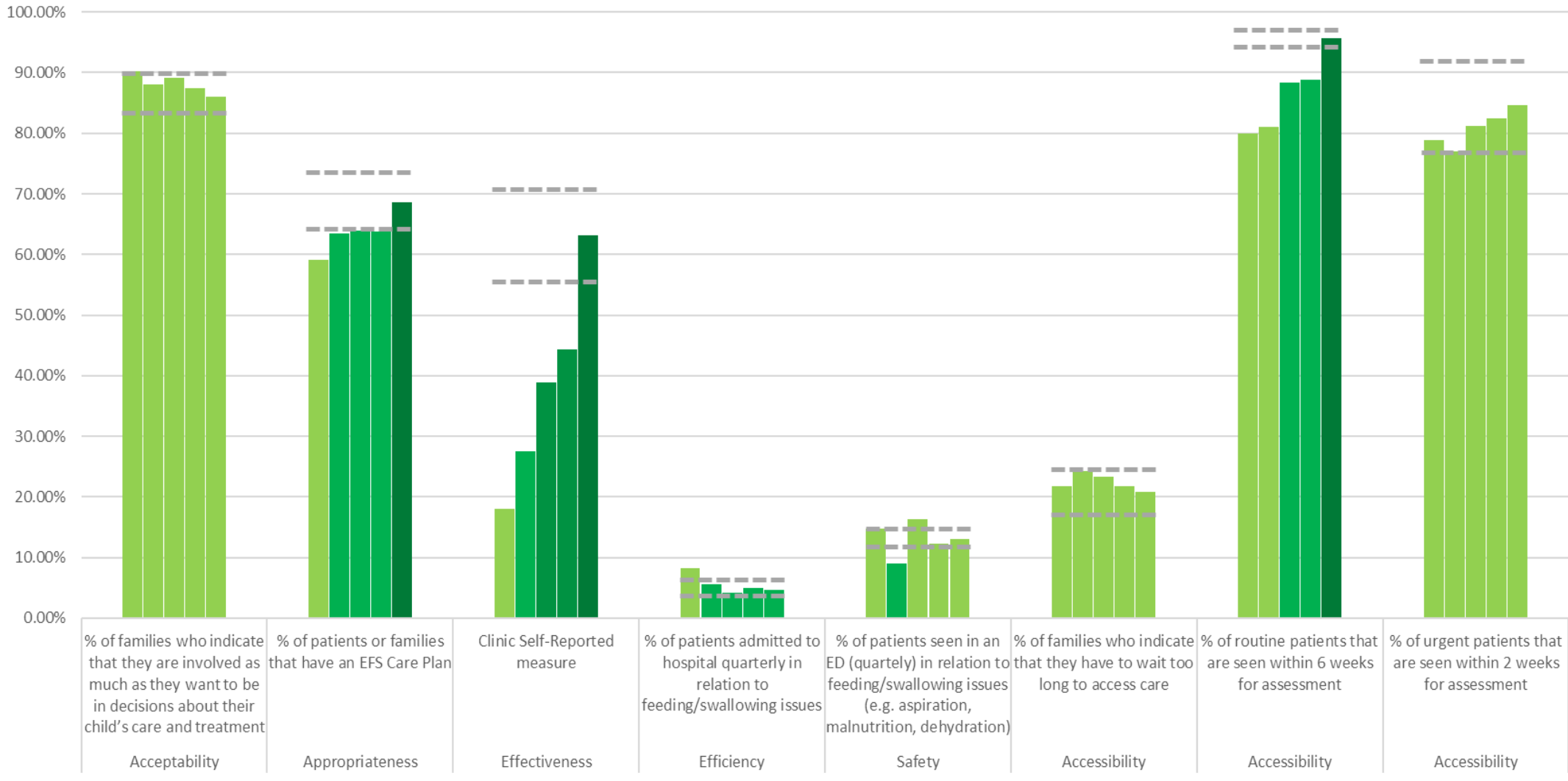
# Family Story

## Carla Lummerding

Sep 22, 2022

# Celebration of Provincial Progress

**PEAS Provincial Key Performance Indicators:**  
Spring 2021 | Summer 2021 | Winter 2021/22 | Spring 2022 | Summer 2022



**Improved** (Dark Green)

**No change** (Light Green)

**Worsened** (Red)

**95% CI** (Dashed Line)

**Desired Direction:**





*And the winner is...*

**Central Zone**  
**(97% of families feel  
involved in care)**

**Families First Award**



*And the winner is...*

**ACH Eating Feeding  
& Swallowing Team  
(30% decrease!)**

**Biggest change in ED visits**





*And the winner is...*

**ACH & Stollery  
HNSP Teams**

**Inter-Provincial Collaboration Award**



*And the winner is...*

**Stollery EFS, Aspiration  
& Aerodigestive clinics  
(May 2021!)**

**1<sup>st</sup> to reach Effectiveness Level 10**



*And the winner is...*

**ACH Complex  
Airway Clinic  
(37% decrease)**

**Biggest decrease in Hospitalizations**



*And the winner is...*

**North Zone  
General Team**

**Gritty Pioneers**



*And the winner is...*

**Calgary Peds Home Care**  
(team competitions, feeding  
rounds, 1<sup>st</sup> to try Care Plan)

**Innovation & Creativity**



*And the winner is...*

**ACH Early Childhood  
Rehabilitation Team  
(25% improvement)**

**Biggest improvement in Routine Assessment  
wait times**



*And the winner is...*

**Glenrose Rehabilitation  
Hospital Team**

**Collaborative Team Spirit!**



*And the winner is...*

**Grande Prairie Team  
(Lowest combined ER and  
Hospitalizations)**

**Safety Award**





*And the winner is...*

**Medicine Hat Regional  
Hospital Team (92%)**

**Most Families who know they have a Care Plan**



*And the winner is...*

**Calgary Pediatric  
Community  
Rehabilitation**

**Goal Oriented**

**Using Goal Wheel consistently**



*And the winner is...*

**Calgary Rural  
Pediatric Allied  
Health**

**High Soarers**

**Highest Balanced Scorecard Total**



*And the winner is...*

**Southwest Eating  
Feeding & Swallowing  
Team**

**Fast Track Award**

**Met accessibility targets 100% of the time**

**Congratulations!**

**PEAS take a bow!**





# **PEAS & Thank You!**

**Virtual Luncheon & Celebration  
this winter**

More details to come 😊

# Introduction to Sustainability



Chief Program Officer, SCNs

**Tracy Wasylak**

**Tracy Wasylak** is the Chief Program Officer, Strategic Clinical Networks with Alberta Health Services. She has held numerous senior leadership roles within Alberta Health Services. Tracy holds an adjunct assistant professor appointment with the Faculty of Nursing at the University of Calgary. She is the Co-Lead for the ABSPORU 2.0 Learning Health System Platform. Tracy received the Order of Merit, Nursing Policy Award, from the Canadian Nurses Association in March 2018. She was the recipient of the 2015 AHS Presidents Excellence Award in the category of Innovation and in 2019 she received the award for Outstanding Achievement in Quality Improvement for her provincial contributions to care pathways.

# Sustainment(ability)

- **Sustainability** = sustaining the intervention and sustaining the outcomes or gains
- **Planning** → increases chance of intervention sustainment; if intervention is not sustained, the chance that it will be uptaken in future is **diminished**





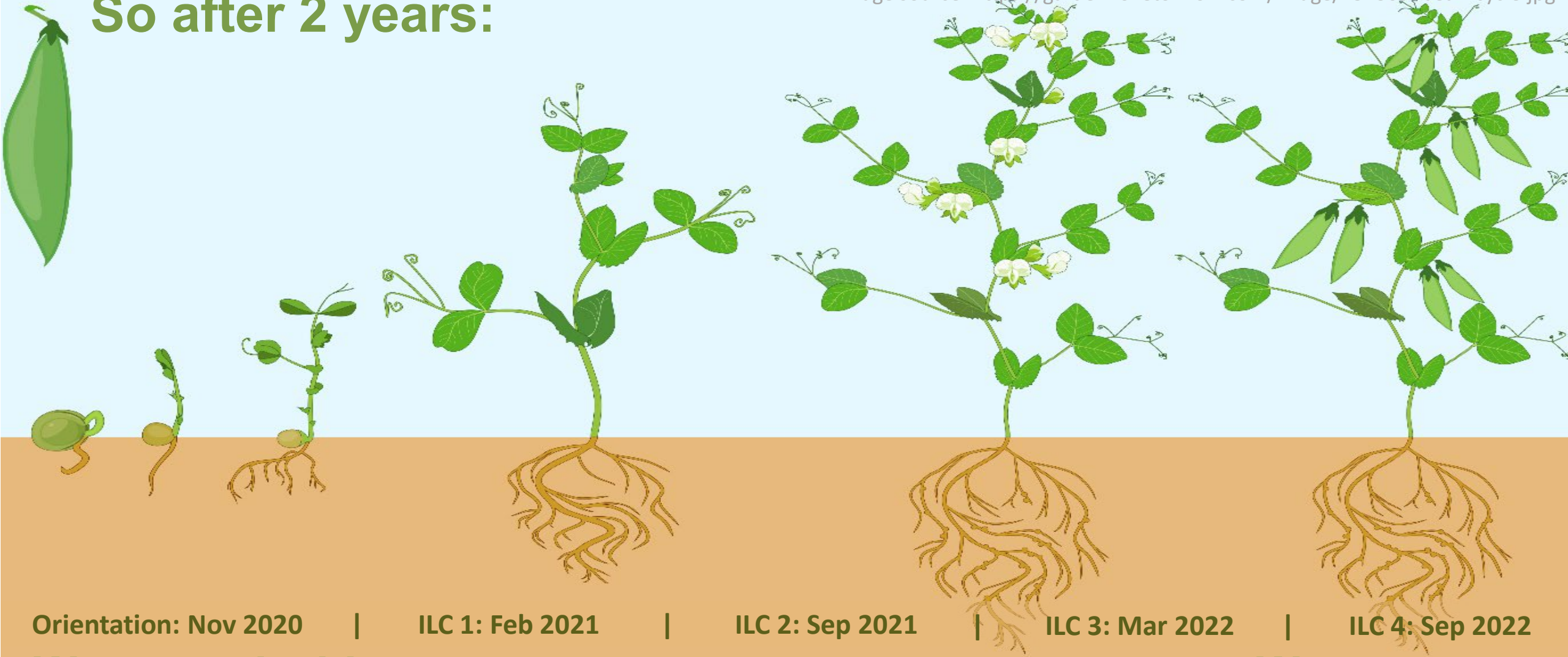
# Sustainment(ability)

- Sustainability plans resemble implementation plans - they have the same components



# So after 2 years:

Image source: <https://garden.lovetoknow.com/image/252305~bean-cycle.jpg>



Orientation: Nov 2020

ILC 1: Feb 2021

ILC 2: Sep 2021

ILC 3: Mar 2022

ILC 4: Sep 2022

## We started with:

- Team Charters
- Balanced Scorecards
- Action Plans

## We continued to:

- Send Family Surveys
- Meet to review your Scorecards & adjust Action Plans
- Team Leads reported monthly data
- Host webinars

## We are now:

- Sustainability Planning

# Pediatric Eating And Swallowing Initiative

## Sustainability Planning Guide



**Team:**

**Site:**

**Team Lead:**

**Last Updated: Sep 22, 2022**

This tool was adapted from Health Quality Ontario's Sustainability Planner, and AHS Strategic Clinical Networks

# 7 Steps

- Clarify what you are sustaining
- Engage leaders
- Involve and support front-line staff
- Communicate the benefits of the improved process
- Ensure the change strategy has been trialed, and is ready to be fully implemented and sustained
- Embed the improved process
- Build in ongoing measurement

# Step 1:



Clarify what you are sustaining

Quality Dimension	PEAS Key Performance Indicators (KPIs)   Jan 5, 2021 draft	Data Source
<b>Acceptability</b>	1. % of families who indicate that they are involved as much as they want to be in decisions about their child’s care and treatment. (Target = increase in “Always and Usually” collated %)	<ul style="list-style-type: none"> <li>• Family Survey</li> </ul>
<b>Accessibility</b>	2. % of families who indicate that they have to wait too long to access care (Target = reduction in %) 3. Clinic self-reported indicators: <ul style="list-style-type: none"> <li>a. % of urgent patients that are seen within 2 weeks for assessment</li> <li>b. % of routine patients that are seen within 6 weeks for assessment</li> <li>c. (Additional indicator: Ability to see follow-up patients in a timely way)</li> </ul>	<ul style="list-style-type: none"> <li>• Family Survey</li> <li>• Self-reporting tool (completed by Team Leads)</li> </ul>
<b>Appropriateness</b>	4. % of patients reporting that they have an EFS Care Plan (Target = increase in %)	<ul style="list-style-type: none"> <li>• Family Survey</li> </ul>
<b>Efficiency</b>	5. % of patients admitted to hospital quarterly in relation to feeding/swallowing issues (e.g. aspiration, malnutrition, dehydration) (Target = reduction in %)	<ul style="list-style-type: none"> <li>• Patient list sent to analyst who matches to hospital data</li> </ul>
<b>Safety</b>	6. % of patients seen in an ED quarterly in relation to feeding/swallowing issues (e.g. aspiration, malnutrition, dehydration) (Target = reduction in %)	<ul style="list-style-type: none"> <li>• Patient list matched to hospital data</li> </ul>
<b>Effectiveness</b>	7. Clinic Self-Reported measure based on levels of achievement towards implementing the PEAS clinical pathway ( <a href="#">reporting tool</a> ) (Target = increase in performance level) 8. Note: Additional indicator available depending on sample size: % of families with reduction in family impact score (quality of life) (Target = increase in % of families with reduction in FS-IS total score)	<ul style="list-style-type: none"> <li>• Self-reporting tool (completed by Team Leads)</li> <li>• FS-IS Survey</li> </ul>

# Step 2:

- Engage leaders



# Step 3



Involve and support  
front-line staff



# Step 4

- Communicate the benefits of the improved process



# Step 5

- Ensure the change strategy has been trialed, and is ready to be fully implemented and sustained

# Step 6

- Embed the improved process



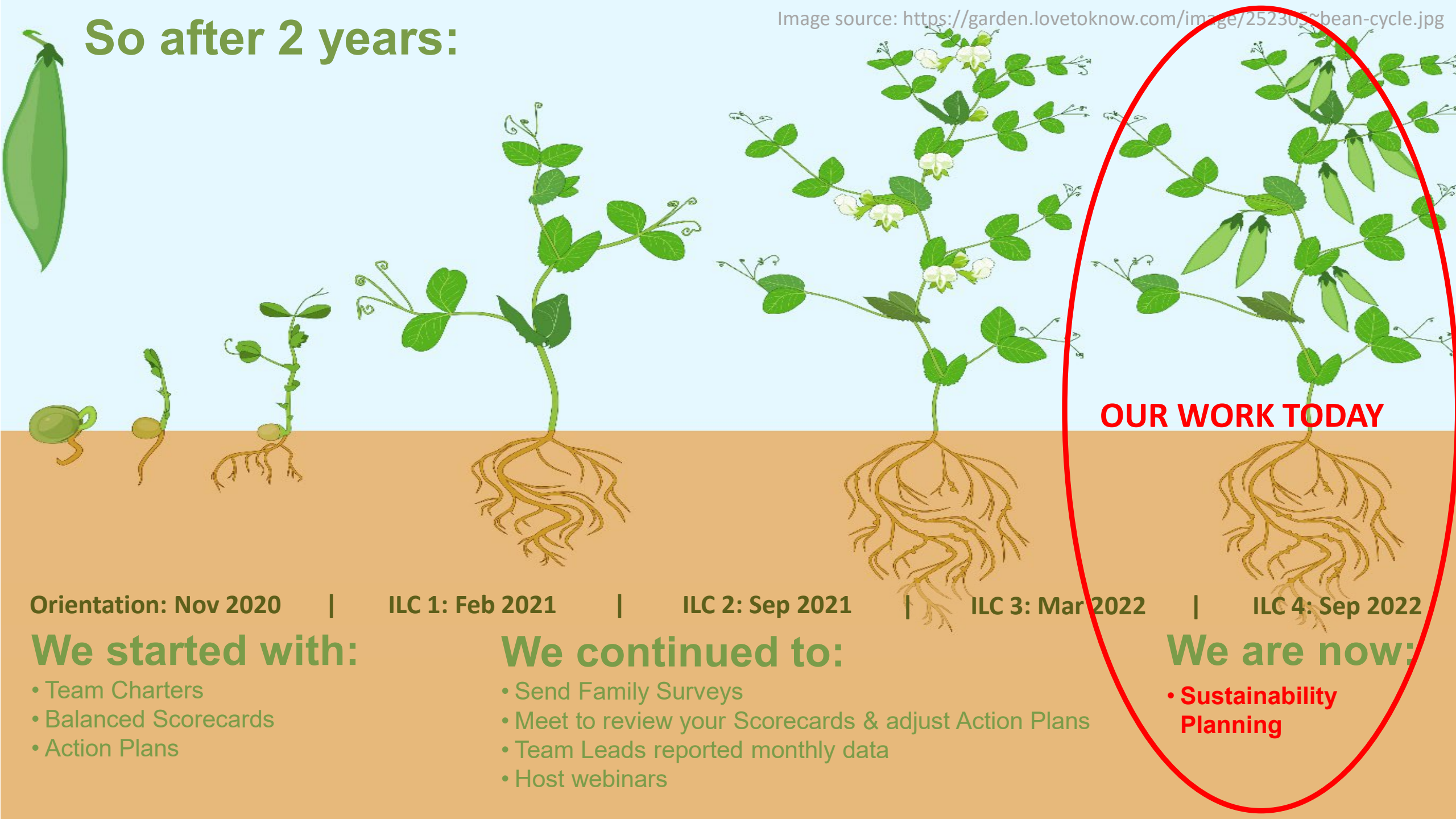
# Step 7



Build in ongoing measurement

# So after 2 years:

Image source: <https://garden.lovetoknow.com/image/2523055bean-cycle.jpg>



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## We continued to:

- Send Family Surveys
- Meet to review your Scorecards & adjust Action Plans
- Team Leads reported monthly data
- Host webinars

## We are now:

- **Sustainability Planning**

**OUR WORK TODAY**

# Questions & Comments?



# PEAS Provincial Sustainability Plans



# PEAS Sustainability Plans (draft)

## Our Commitment

- PEAS website & CPG and tools will continue to be updated in a timely fashion
- Forum for connecting and meeting provincially

## What will change

- Less frequent changes and new tool updates
- ILCs will end, with a greater focus on having a meaningful Community of Practice



# PEAS Sustainability Plans (draft)

## Our Commitment

- Provide opportunities to receive regular reports where feasible

## What will change

- Balanced scorecards will be frozen, however we can explore other reporting options
- PEAS family surveys can continue for medical teams if desired. Allied Health teams are encouraged to use the RMoC Surveys for family input.

# PEAS Sustainability Plans (draft)

## Our Commitment

- Provide professional development opportunities
  - From now until Spring 2023, PEAS will host ~1 webinar / month

## What will change

- After Spring 2023:  
To be determined based on stakeholder input, needs, and feasibility

# PEAS Sustainability Plans (draft)

## Next Steps – PEAS will:

1. Analyze feedback from today's ILC
2. Survey Providers and Host focus groups with families and healthcare providers to evaluate the project (Fall / Winter 2022)
3. Draft a Provincial Sustainability Plan
4. Share plans during the provincial virtual Celebration & Luncheon
5. Start transitioning to Operations including starting a Community of Practice
6. Publish final close-out report (Spring 2023)

# What we need from you & your leaders



- **Regular team meetings**, commitment to **interprofessional teamwork** and focus on **quality improvement**
- Develop and maintain your **sustainability plans**
- Continue to provide **high quality care** including using the PEAS tools such as the Goal Wheel, Care Plan, CPG, etc...
- Active participation in the **Community of Practice**
- **Honest feedback** in the Focus Groups and Provider Survey

# World Cafe

## Small Groups



# World Café Small Groups

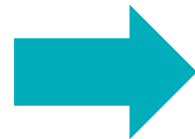
**Brainstorming to help PEAS build a provincial Sustainability Plan on the following 4 topics:**

- Topic 1: Community of Practice
- Topic 2: Continuous Quality Improvement & Evaluation
- Topic 3: Content (eg: CPG, Handouts, Website, etc...)
- Topic 4: Continuing Education

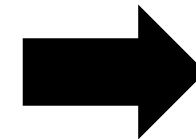
**Round 1**  
**(10 min)**



**Round 2**  
**(10 min)**



**Break**  
**(10 min)**



**Large**  
**Group**

Random automatic assignment to a topic

Click “join” to select a group (different topic)

Return to Main Room

Main Room Summary & Discussion

▼ 1A - Community of Practice	0	Join
▼ 1B - Community of Practice	0	Join
▼ 2A - Continuous Quality Improvement	0	Join
▼ 2B - Continuous Quality Improvement	0	Join
▼ 3A - Content	0	Join
▼ 3B - Content	0	Join
▼ 4A - Continuing Education	0	Join
▼ 4B - Continuing Education	0	Join

Need Support? Can't Switch Rooms?



Ask for Help

or

Return to Main Room

# World Café Guidelines

**HAVE FUN!!**

**PLAY · DRAW · DOODLE**

Facilitate yourself & others

Listen together for patterns, insights, & deeper connections

**CONTRIBUTE YOUR THINKING**

**LISTEN TO UNDERSTAND**

**LINK and Connect IDEAS**

**FOCUS**  
on what matters

Speak with your **MIND... and HEART**

**SLOW DOWN**  
so you have TIME to think & reflect





**Break**  
**15 minutes**

# World Café themes: Summary & Discussion

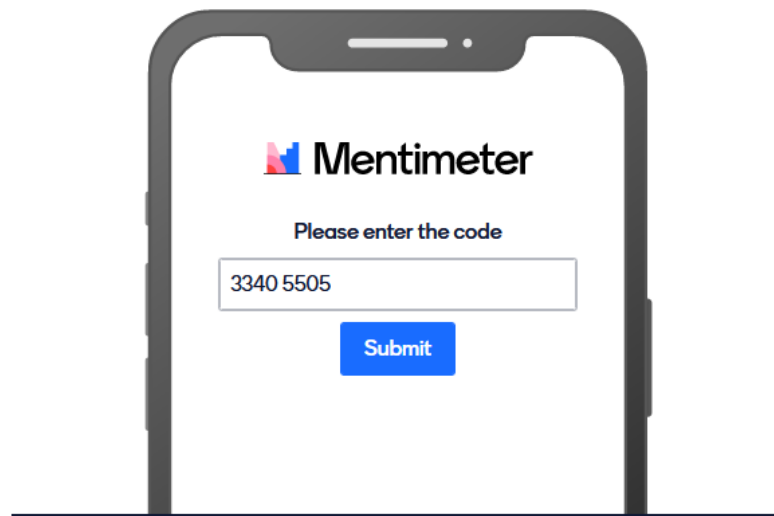
# World Café Topics

**Brainstorming to help PEAS build a provincial Sustainability Plan on the following 4 topics:**

- Topic 1: Community of Practice
- Topic 2: Continuous Quality Improvement & Evaluation
- Topic 3: Content (eg: CPG, Handouts, Website, etc...)
- Topic 4: Continuing Education

Go to

[www.menti.com](https://www.menti.com)



Enter the code

**3340 5505**



Or use QR code

**Purpose**

Sharing concepts, learning, growing together, mentorship, maintaining CULTURE

**Audience**

Front line clinicians, students, leaders who may have operational ability to incorporate practice; all inclusive – all zones, internal and external to AHS

**Leadership**

Rotate between zones – each zone can share what’s going on in their area and lead current issues  
It needs to be incorporated into someone’s role – there needs to be responsibility  
Practice Lead involvement – clinical experts

**Resource Needs**

Leadership support for front line clinicians  
TIME

**Format (eg: MS Teams)**

Using PEAS platform will bring more people to the webpage

Teams?  
**Frequency**

3 times a year (quarterly – summer), quarterly or biannually

**Duration**

One hour or shorter --- to allow for clinician participation

**Communication**

PEAs platform,

**World Café Group 1B: Community of Practice**

**Purpose**

following pertinent feeding specific topics of Grand Rounds, invited speakers  
Latest research  
Meet on current issues to problem solve  
Discuss complex cases  
Discuss ideas for program improvement  
Support Resources

**Audience**

Multidisciplinary

★ Break out sessions or small groups or sub groups depending on content

**Leadership**

Representation from across the province ★  
Multidisciplinary: OT, SLP, RD, Psych mentorship

**Resource Needs**

★ Chairperson - different leads based on the topics  
support for practice, education  
supports for families and clinicians in rural areas

**Format (eg: MS Teams)**

Teams  
Zoom

**Frequency**

Monthly or alternate months ✓

**Duration**

60 to 90 minutes

**Communication**

★ Email invites ✓  
★ Recorded presentations  
Bulletins

**Other**

★ ★ promote evidence-based practice  
Invite speakers

### What's important to know?

- ★ Data is appropriate for the needs of the front line providers
- ✓ Surveys to include specific questions about EF&S services
- ★ Families know how to access services
- ★ Data helps operational leaders advocate for resources.
- Can we meet demand?
- What mix of Allied health professionals is needed to support PEAS? How to evaluate those needs? What is the FTE allocation?

Support for how/if PEAS tools will be in CC, and process workflows to support the work in CC

### How will you know if things are improving / worsening?

- ♥ Get direct stories and feedback from families as moving out of surveys for PEAS
- ♥ Patient reported outcome and experience measures
- Provider experience contributes to overall outcomes
- Staff survey/group survey?
- Guided discussion/focus groups

### Resource Needs

- ♥ Time and resources to dedicate to the work, need to have targeted data for this work
- ★ Weaning program would need increased staffing
- Qualitative and quantitative data mixture is good, easy to take back to the team
- Provincial direction for how the PEAS will work in Connect Care
- Working time to contribute to staff surveys/focus groups

### Format (eg: Connect Care, Tableau, Whiteboard)

Would like the information to be centralized in one location, possibly tracked through Connect Care

### Frequency

- Supply and demand data - monthly
- After significant change for staff survey/focus groups
- Family feedback, several times/year

### Communication

Playbook to document where the project started from and what changed.

### What's important to know?

Sustaining the measures in our balanced scorecard. Bringing to regular meeting as a team. Team involvement. Having ongoing feedbacks from families. Keep developing skills, knowledge, and resources.

### How will you know if things are improving / worsening?

Continue to have quarterly scorecard meetings to go through data/ results from Tableau to see where you are. To come up with solutions and to move forward.

Appointment data, e.g. wait time, frequency of appointment, frequency of not showing up. Cancellations might be a sign of worsening.

### Resource Needs

- Need regular dedicated time for this, esp. with busy clinical work.
- Need to consider team members who have not been on PEAS project before. PEAS resources on PEAS website (e.g. PEAS new person orientation), for new persons to get up to speed. Video introductions, 'Welcome to the website'.

### Format (eg: Connect Care, Tableau, Whiteboard)

Tableau to be used on a regular basis. Connect Care not all on CC). Balanced scorecard helps keep our main perspective. Review or goal-setting opportunity for smaller teams as well and for discussion.

Needs to be consistent, e.g. email, Zoom, or Teams. For Tableau, need to have a habit of checking. The team needs to have a push to check the updates.

Can we separate out PEAS clients from other paediatric clients?

Can we use our RMoc tool to help facilitate some survey results specifically for PEAS patients? Every zone can determine how to roll out the above. **Can this be done in Connect Care? Tracking PEAS clients separately?**

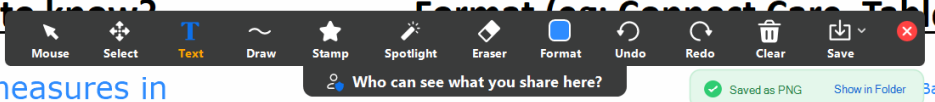
### Frequency

- Monthly as a baseline.
- Quarterly or bi-annuals for scorecard report outs with bigger group.
- Monthly rounds for clinicians and smaller teams. A little bit different in different scenarios.

### Communication

- Communication with management and leadership.
- To tap into process and systems already in place. To figure out which clients are supported through feeding.

### Other



Who can see what you share here?

Saved as PNG Show in Folder

Frequency to update:			Resource Needs		
CPG	Handouts	Other resources	CPG	Handouts	Other resources
<p>CPG</p> <p>heavily referred back to</p> <p>For example Feeding Skills dev. list is getting very long - hard to know where to find some</p>	<p>Better organization of handouts on website</p> <p>break out into specific categories</p> <p>Ensure less redundancy in handout content</p> <p>Require new EE to refer to Education on website - maintained and up to date</p>	<p>who to contact to have a tool reviewed - on request basis, path or algorithm</p>	<p>Shared site for communication</p> <p>time for a group of people to coordinate continued updates to the website, CPG...</p> <p>ways to support rural families and clinicians</p>	<p>last ILC - worry about the future without this framework</p>	
<p><b>Responsibility</b></p> <p>who does it now? coordinating the update..</p> <p>ensure sustainable plan</p> <p>when staff change over</p> <p>who will be updating the website?</p>	<p>I agree it's can be hard to find handouts</p> <p>Handouts that reach older population (i.e. 10-18 y/o)</p>	<p><b>Communication</b></p> <p><b>Peas working group</b></p> <p>push notifications from PEAS website when updated?</p> <p>having defined contributors from each zone so it doesn't fall away</p> <p>Opportunities to meet and discuss topics of interest</p> <p>build and spread</p> <p>consistent communication</p> <p>Updated contact lists for programs and services to enable communication between and</p>	<p>I agree that using the Goal wheel for communication across teams can be helpful.</p>	<p><b>Other</b></p> <p>how we apply content/ accountability as well</p> <p>bi-annual newsletter that summarizes the changes...</p> <p>home page - what's new section - requests for updates...</p>	

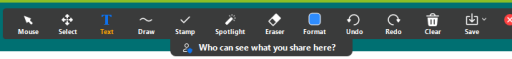
**Content (eg: CPG, Handouts, Videos, Website...)** Facilitator: J Snider

Handouts	Other resources	Resource Needs
	<p>Website for staff</p> <p>Website for community/families</p> <p>Orientation material - e.g., website, SP</p> <p>Newsletter</p>	<p>Feasible for list of education opportunities? ✓</p> <p>What's needed for those entering Eating, Feeding &amp; Swallowing for baseline competency? ★</p> <p>Clinical Orientation Guide ♥</p>

<p>1-2 times a year</p> <p>Roughly annually</p>	<p><b>Responsibility</b></p> <p>Can HPSP include PEAS info/links in AHS organizational orientation materials? ★</p> <p>CPG: Content experts, with perspectives from different zones</p> <p>Who's responsible for maintaining the website? HPSP? SCN?</p> <p>Logistics once PEAS comes to end</p> <p>Who pulls the trigger to review? Councils Community of Practice ★ standing item ★</p>	<p><b>Communication</b></p> <p>Numb to email</p> <p>"What's new" pop-up at top of PEAS website</p> <p>Podcast</p>	<p><b>Other</b></p>
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# Topic 4: Continuing Education

## World Café Group 4A: Continuing Education



Facilitator: Melissa

### Purpose

- Staying current with research, approaches, methodologies
- ✓ Orient new staff to peds EFS
- There is a lot of information on the website, navigation of what's available; maintain a standard of care; awareness of the website across staff, continuing to promote and inform

### Audience

Both new and existing staff; referral sources in community; families (enhance their knowledge when entering the HC system) what's going on with their child (i.e. HBTF videos)

Multidisciplinary, broad applicability; Physicians

### Responsibility

Depends on the PEAS structure going forward; collaborative as a whole vs sites trying to coordinate who presents and when; need a coordinated approach; possible to do at a team level (i.e. Grand Rounds prov and local);

Would like provincial coordinated continuing education i.e. all zones; available across province;

### Resource Needs

Time: Someone to do advertising, set up zoom, logistics of the presentations etc; Monetary funds for presenters? to bring in speakers; self-directed modules may work for some vs live sessions (participation opportunities); clear competence for continuing education, connected

Buisness cards/phamplet for families how to access PEAS resources for families

As PEAS structure changes want to keep momentum, how would it get planned and moved forward --> dedicated support across the zone to continue, designated, assigned; advocates operational leaders to bring items forward to get the support for the resources

### Format (webinars, mentorship, etc...)

Self directed modules; new staff (what are basics, where to start from what we have/what's available); i.e. PFD session more visible; roadmap of what we have, align with competencies - where to start when beginning; live + recording to go back; mentorship beneficial when starting out (CoP), wider mentorship throughout province (NZ--> CZ)

### Topics

New staff: typical development by age/range (need to learn about normal vs abnormal; developmental feeding skills as children grow)

Supporting families through transitions in HealthCare System (i.e. NICU to home, PHNS to adult HNRP, Hospital to Home, transitions between teams;

### Logistics (eg: frequency, duration, etc...)

Quarterly is realistic, monthly too much, especially for live events; 1hr vs 3hr - duration impacts frequency and capacity (i.e. shorter more frequent, vs longer less frequent); variety

### Other

## World Café Group 4B: Continuing Education

Facilitator: Vija & Kaitlin

### Purpose

to provide up to date information

to give practical strategie for immediate implementation

### Audience

Parents, extended family, Team, Leadership, stakeholders

### Responsibility

all

rotate between zones/teams

### Resource Needs

Resources for community programs (school, daycare, dayhomes)

for vendors

Quick Guide for new staff (list of previous webinars, resources, books, etc)

### Format (webinars, mentorship, etc...)

Webinars (websites) video examples

Live and recorded in person webinar

podcast

### Topics

Food play

strategies for older children 6-12 years that are problem feeders/limited intake

Anxiety and feeding

cultural considerations for mealtime roles and routines

new practices

Weaning tube feed protocols

Tube feeding protocols

tethered oral tissues

sequential chewing intervention

information for newer clinicians/or those just starting to serve children with feeding challenges

### Logistics (eg: frequency, duration, etc...)

monthly, quarterly

2x/year

Every 2 months with access to recordings at any time

### Other

Is it possible to have family resources in other languages (Punjabi,Urdu, Tagalog, French, Cree/Dene, Tigrania, Oromo, Spanish, Mandarin,etc.)

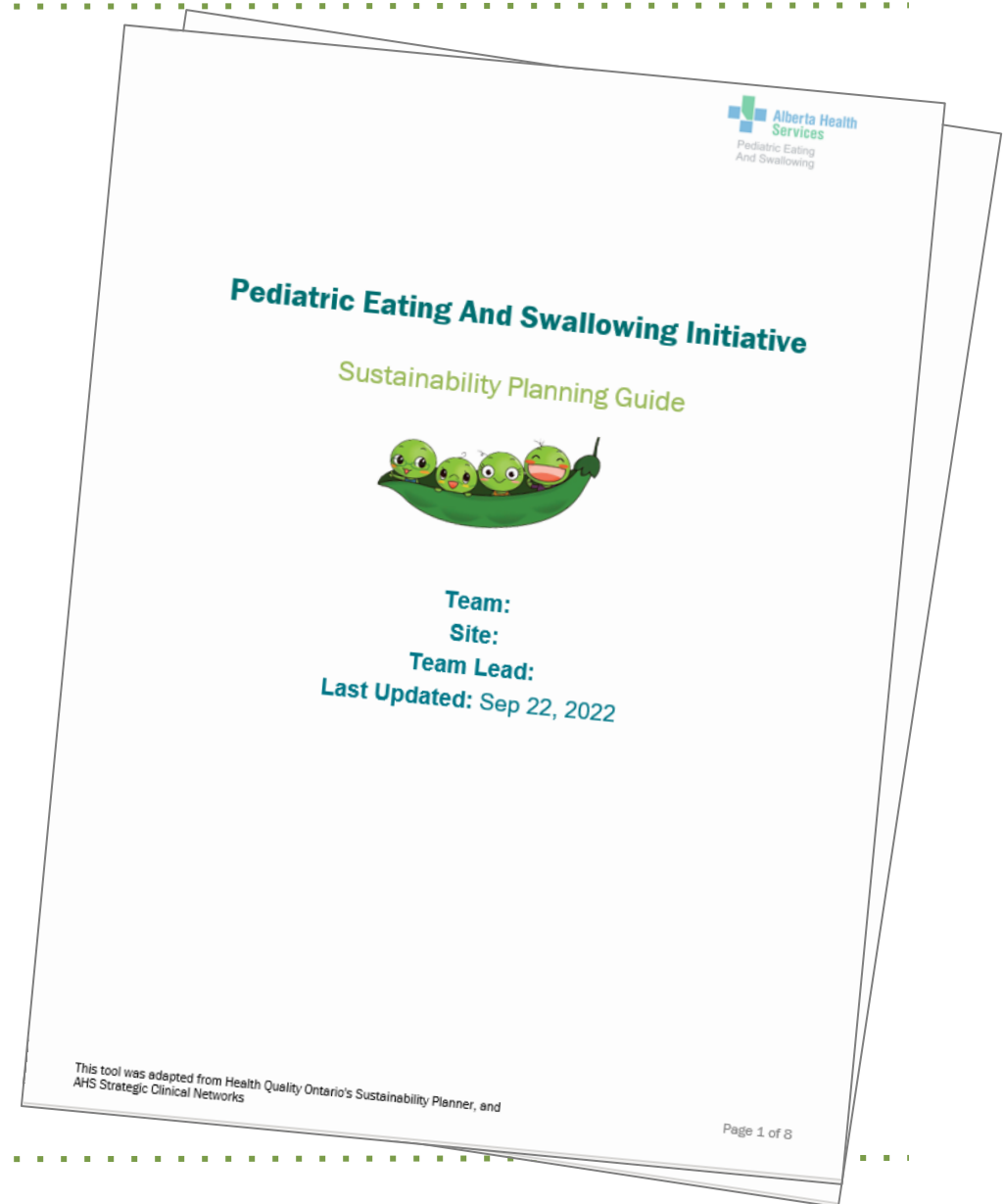


# Small Groups

Sustainability Planning  
at the site/team level

# EXPECTATIONS

- Instructions for small group work
- What's on the PEAS ILC SharePoint:
  - Balanced Scorecard
  - Sustainability Plan
  - Report Out Form

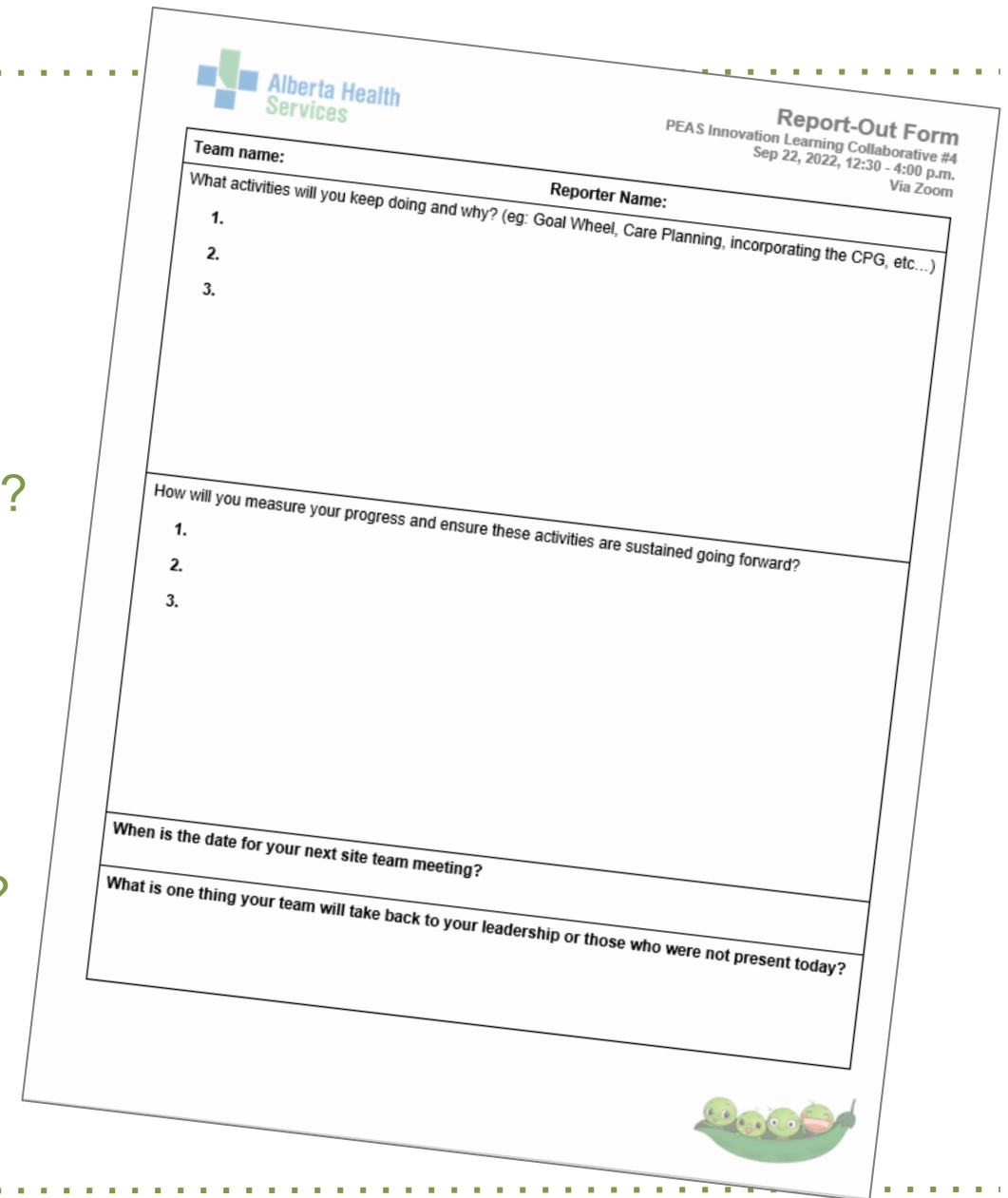


# 7 Steps

1. Clarify what you are sustaining
2. Engage leaders
3. Involve and support front-line staff
4. Communicate the benefits of the improved process
5. Ensure the change strategy has been trialed, and is ready to be fully implemented and sustained
6. Embed the improved process
7. Build in ongoing measurement

# Report Out

- **Team Lead to complete**
- **Questions:**
  1. What two activities will you keep doing & why?
  2. How will you measure your progress and ensure these activities are sustained going forward?
  3. What is one thing your team will take back to leadership or those not present today?
  4. When is the date for your next team meeting?
- **Extra space for miscellaneous actions & parking lot**



The form is titled "Report-Out Form" and is part of the "PEAS Innovation Learning Collaborative #4". It includes the date and time "Sep 22, 2022, 12:30 - 4:00 p.m." and the meeting method "Via Zoom". The form is divided into several sections:

- Team name:** A field for the team's name.
- Reporter Name:** A field for the reporter's name.
- What activities will you keep doing and why? (eg: Goal Wheel, Care Planning, incorporating the CPG, etc...)** A section with three numbered lines for responses.
- How will you measure your progress and ensure these activities are sustained going forward?** A section with three numbered lines for responses.
- When is the date for your next site team meeting?** A field for the date.
- What is one thing your team will take back to your leadership or those who were not present today?** A field for a reflection.

The form features the Alberta Health Services logo in the top left and a cartoon pea pod character in the bottom right corner.

# Teams

Team	Facilitator(s)	Team Lead(s)
North Zone – Grande Prairie	Mark Moland & Alice Chiu	Abby Webb & Laurel Sheridan
North Zone – General	Crystal Klassen, Gloria Hodder	Cynthia Pruden
Stollery Aspiration Clinic	Shannon O'Blenes	Amanda Adsett
Stollery Aerodigestive Clinic		
Stollery Feeding & Swallowing Clinic		
Stollery Home Nutrition Support Program (HNSP)	Bobin Eldaphonse	Tannis Busch
Glenrose	Patty O'Krafka	Cynthia Brown
Central Zone	Melissa Lachapelle	Christine Pizzey & Nancy Whelan
ACH Home Nutrition Support Program (HNSP)	Melanie Matiisen-Dewar, Jennifer Murphy	Sonia Cioffi, Kerry Hart, Louise Mills
ACH Eating, Feeding, Swallowing Clinic		
ACH Cleft Lip & Palate Clinic		
Early Childhood Rehabilitation		
ACH Neonatal Follow-up Clinic		
ACH Complex Airway Clinic + Calgary Peds Home Care	Jonathan Snider	Mary Ellen Hartmann & Meredith Luipasco
Calgary Zone - Pediatric Community Rehabilitation	Vija Doyle, Kaitlin Taylor	Denise Beckstead & Katherine Bennett
Calgary Zone - Rural Allied Health	Laura Benard	Christine Dengis & Sara Finlayson
Medicine Hat Regional Hospital Pediatric Specialty Clinic	Shivonne Berger	Janine Whyte, Tricia Miller
Southwestern Alberta Children's EFS	Patty O'Krafka	Theresa Kinyua

# PEAS Support Team

- **Gillian Catena**  
Admin Assistant Coordinator extraordinaire!
- **Vanessa Steinke**  
PEAS Provincial Project Manager



# Ground Rules

- Success depends on everyone's participation
- Focus on what matters
- Contribute your thinking and experience
- Listen together for deeper themes, insights and questions
- Try not to get hung up on the data – use it as a guide and indicator.  
Turn on your camera if you can
- No multi-tasking 😊
- Use the Parking Lot for:
  - unanswered questions
  - out of scope topics
- Have fun!



# Breakout Groups

Return at 3:30



# Report Out questions (1-2 min / team)

Site name

- What two activities will you keep doing and why?
- How will you measure your progress and ensure these activities are sustained going forward?





# Report Out

Team	Team Lead(s)
North Zone – Grande Prairie	Abby Webb & Laurel Sheridan
North Zone – General	Cynthia Pruden
Stollery Aspiration Clinic	Amanda Adsett
Stollery Aerodigestive Clinic	
Stollery Feeding & Swallowing Clinic	
Stollery Home Nutrition Support Program (HNSP)	
Glenrose	Cynthia Brown
Central Zone	Christine Pizzey & Nancy Whelan
ACH Home Nutrition Support Program (HNSP)	Jennifer Murphy, Melanie Matiisen-Dewar, Sonia Cioffi, Kerry Hart, Louise Mills
ACH Eating, Feeding, Swallowing Clinic	
ACH Cleft Lip & Palate Clinic	
Early Childhood Rehabilitation	
ACH Neonatal Follow-up Clinic	
ACH Complex Airway Clinic + Calgary Peds Home Care	
Calgary Zone - Pediatric Community Rehabilitation	Denise Beckstead & Katherine Bennett
Calgary Zone - Rural Allied Health	Christine Dengis & Sara Finlayson
Medicine Hat Regional Hospital Pediatric Specialty Clinic	Janine Whyte, Tricia Miller
Southwestern Alberta Children's EFS	Theresa Kinyua

# Wrap Up & Next Steps



# Next Steps

- Finalize & Post your:
  - Sustainability Plans
  - Report Out
- Continue:
  - Regular team meetings,
  - Using the PEAS tools
- Connect:
  - Webinars & Community of Practice
  - Focus Groups & Provider Survey
- Celebrate! (more info to come)



Image source: <https://garden.lovetoknow.com/image/252305~bean-cycle.jpg>



# Thank You

## Speakers

<b>Family Story</b>	CARLA LUMMERDING
<b>Key Note Speaker</b>	TRACY WASYLAK
<b>Master of Ceremonies</b>	CURTIS PERROTT
<b>Mistress of Ceremonies</b>	NATASHA TIEMSTRA

## Support Team

JATIN PATEL

GILLIAN CATENA

GLORIA HODDER

VANESSA STEINKE

# PEAS Take a Bow!



Provide your feedback & ideas:  
<https://survey.ahs.ca/peas.ilc4>